



MOUNT MORIAH HOMES SIL PROGRAM PER DIEM INFORMATION

Mount Moriah Homes offers three types of supported independent living accommodations through its SIL program:

1. Moriah House Supported Independent Living

Moriah House is a fourplex that has fully furnished top and bottom suites for a maximum of eight residents. They are available for individuals from the ages of 16 to 26. The supports are not as intensive - up to 6-8 hours per weekday and weekend. Placement in these units depends upon the potential resident's maturity and responsibility.

2. Olivet House Transitional/Supervised Supported Independent Living

Olivet House is an eightplex that has 3 bedrooms which has 24/7 staffing to supervise these units. The staff office is located in the top floor.

The other suites are considered transitional SIL in that they are not fully supervised but are subject to regular check-ins throughout the day. Residents have their own suites and for those who have a main suite may be subject to having a roommate.

All of these units have separate entrances and are fully furnished, including individual washers and dryers. They are available for individuals from the ages of 16 to 26. They will undergo a three-month assessment period to determine if they fit the program requirements.

WHAT THE PROGRAM OFFERS

1. Life skills training (on-line training and practical applications):

- Nutrition, menu planning and grocery shopping
- Meal preparation, food storage and food safety
- House/yard cleaning
- Clothing, linen and bedding care
- Home safety and repairs
- Money management, banking, credit cards, credit score information
- Personal hygiene and healthy living
- Alcohol, drugs, tobacco and cannabis use
- Relationships and sexuality
- Cultural crafts
- Communication
- Housing options when leaving the program, if applicable
- Community resources and transportation
- Career planning, study skills and employment resources
- Group therapy

2. Other types of areas explored:

- Work and study habits
- Daily living activities
- Computer literacy



- Assistance in the development of individual life plans with realistic goals and objectives.
- Development of a Safety Plan.
- Assistance with appropriate vocational, educational and/or employment opportunities.
- Alberta Learners training.
- Securing of relevant identification and bank account.
- Assistance with AISH applications, tax returns and applications for a city leisure access pass.
- Assistance with making medical and educational appointments.
- Help develop a resume.

3. **Potential Residents**

- a. Must have an active Transitioning to Adulthood Program (TAP) that the resident is committed to following.
- b. Must be willing to share information with staff to provide them the best quality of care.
- c. Must be willing and able to follow house rules and expectations.
- d. Must not have a history of serious violent offenses.
- e. Must be committed to sobriety.
- f. Must be willing to attend school and/or find and maintain employment.

FINANCIAL CONSIDERATIONS

The programs have various per diem rates based on the staffing model. However, all maintenance fees include the following:

- a. The cost of a SIL Support Worker: this cost includes regular wages, accreditation training, mandatory employment related costs, vacation pay, Statutory Holiday pay and employee benefits.
- b. Contracted Registered Therapeutic Counsellor
- c. Bonuses for residents when following SIL requirements.
- d. Birthday, Christmas and graduation gifts.
- e. Monthly outing with staff if the resident is interested.
- f. Monthly take-out day
- g. Weekly cooking class.
- h. Life Skills workshop third party expenses ie: Budgeting, Cooking classes
- i. Initial personal identification cost only (no replacements), excluding passports ie: Government photo ID
- j. Basic school supplies
- k. Cost of inflation on annual basis.
- l. AISH considerations: If a resident receives AISH, he/she must pay for their own rent of \$900 per month, cell phone, groceries and bus pass. Per diems will reflect this as a deduction.

1. **Resident does not receive living allowance from their agency:**

- a. Weekly groceries - \$125
- b. Monthly clothing allowance up to a maximum of \$125 or a seasonal clothing allowance (every 3 months) of \$375 if they are 18 years of age and older. Those under 18, a request will be made to the agency to bring clothing up to standard.
- c. Monthly ARC card (this took the place of a bus pass in the City of Edmonton).



d. Weekly allowance of \$70 - \$90.

2. **Resident receives living allowance from their agency:**

- a. All of the above except for:
- Monthly/seasonal clothing allowance
 - Monthly bus pass
 - Weekly allowance
 - Weekly groceries

3. **Rent and House Expenses:**

- a. Moriah Homes provides fully furnished homes, although the resident can bring their own furniture.
- b. Utilities will be paid by Mount Moriah Homes. These include basic internet, gas, electricity, water/sewage/waste disposal and streaming services.
- c. The company will provide bedding, towels, kitchenware and bathroom accessories.

4. **Expenses not covered:**

- a. Initial clothing expense when first arriving to the program.
- b. Annual vacation/recreation allowances.
- c. Individual recreation (ie. music lessons, dance lessons, sports teams fees).
- d. Educational costs - school fees, books, special courses, special clothing.
- e. Therapist/counselling services.
- f. Transportation to medical appointments and/or visits outside the City of Edmonton boundaries. Transportation for home visits.
- g. Medical, dental and optical costs over what is covered by INAC.
- h. Cell phone and cell phone plan.
- i. Graduation expenses.
- j. Other electronics - gaming console, personal television, tablet, mp3, laptop.
- k. Any other item that would be out of the ordinary. Such costs will be forwarded to your office for written authorization.