



## **Supported, Transitional and Supervised Independent Living Program Information**

Mount Moriah Homes offers two types of supported independent living accommodations through its SIL program:

### **1. Supported Independent Living (Private Suites) – Fourplex (Moriah House)**

The fourplex has fully furnished top and bottom suites for a maximum of four residents (unless there is a sibling group). They are available for individuals from the ages of 16 to 22, but the supports are not as intensive – up to 3 hours per weekday or regular daily check-ins, depending on caseworker requests. Placement in these units depend upon the potential resident's maturity and responsibility.

### **2. Transitional/Supervised Supported Independent Living (Private Suites) – Fourplex (Olivet House)**

This fourplex has a 24/7 supervised unit upstairs which can accommodate two residents. The staff office is located on this floor. The three other suites in this fourplex are considered transitional SIL in that they are not fully supervised but are subject to several regular check-ins throughout the day. Residents have their own suite unless there is a request for a sibling group to share. All of these units have separate entrances and are fully furnished, including individual washers and dryers. They are available for individuals from the ages of 16 to 22. If individuals are placed in this fourplex, they will undergo a three-month assessment period to determine if they are able to transition to a supported independent living unit.

### **What the program offers:**

#### **1. Life skills training (on-line training and practical applications):**

- Nutrition, menu planning and grocery shopping
- Meal preparation, food storage and food safety
- House/yard cleaning
- Clothing, linen and bedding care
- Home safety and repairs
- Money management, banking, credit cards, credit score information
- Personal hygiene and healthy living
- Alcohol, drugs, tobacco and cannabis use
- Relationships and sexuality
- Cultural crafts ie: Beading
- Communication
- Housing options when leaving the program, if applicable
- Community resources and transportation
- Career planning, study skills and employment resources

#### **2. Other types of areas explored:**

- Work and study habits
- Daily living activities
- Computer literacy
- Assistance in the development of individual life plans with realistic goals and objectives.
- Development of a Safety Plan.
- Assistance with appropriate vocational, educational and/or employment opportunities.
- Driver's training.
- Securing of relevant identification and bank account.



- Assistance with AISH applications, tax returns and applications for a city leisure access pass.
- Assistance with making medical and educational appointments.
- Help develop a resume.

#### **Potential Residents:**

1. Must have an active Transition to Independence Plan that the resident is committed to following.
2. Must be willing to share confidential information with staff.
3. Must be willing and able to follow house rules and expectations.
4. Must not have a history of serious violent offenses.
5. Must be committed to sobriety.
6. Must be willing to attend school and/or find and maintain employment.

**Financial Considerations:** The programs have various per diem rates based on the staffing model. However, all maintenance fees include the following:

#### **1. Resident does not receive living allowance from their agency:**

- a. The cost of a SIL Support Worker: this cost includes regular wages, accreditation training, mandatory employment related costs, vacation pay, Statutory Holiday pay and employee benefits.
- b. Monthly groceries up to a maximum of \$400.
- c. Monthly clothing allowance up to a maximum of \$100 or a seasonal clothing allowance of \$300.
- d. Monthly bus pass.
- e. Weekly allowance of \$85 - \$100, depending on age.
- f. Bonuses for following SIL requirements.
- g. Birthday, Christmas and graduation gifts.
- h. Monthly outing with staff if the resident is interested.
- i. Initial personal identification cost only (no replacements), excluding passports ie: Government photo ID
- j. Cost of inflation on annual basis.
- k. Basic school supplies

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#### **3. Rent and House Expenses:**

- a. Moriah Homes provides a fully furnished home although the resident can bring their own furniture.
- b. Utilities will be paid by Mount Moriah Homes. These include: basic cable, basic internet, gas, electricity, water/sewage/waste disposal.
- c. The company will provide bedding, towels, kitchenware and bathroom accessories.



## **2022 Per Diem Rates – Reviewed annually for inflation purposes**

- Per diems vary on type of supervision. Please call our office to request the per diem structure.
- These rates are reviewed annually to reflect potential inflation increases.
- AISH considerations: If a resident receives AISH, he/she must pay for their own rent of \$900 per month, cell phone and bus pass. Per diems will reflect this as a deduction from the normal rate.

## **Damage Deposit**

A damage deposit will be required from the resident, equal to one month's rent, if residing in a private suite. A move-in and move-out walk through will be conducted before this deposit is returned.

## **Expenses not covered:**

1. Initial clothing expense.
2. Annual vacation/recreation allowances.
3. Individual recreation (ie. music lessons, dance lessons, sports teams fees).
4. Educational costs - school fees, books, special courses, special clothing.
5. Therapist/counselling services.
6. Transportation to medical appointments and/or visits outside the City of Edmonton boundaries.
7. Transportation for home visits.
8. Medical, dental and optical costs over what is covered by INAC.
9. Cell phone and cell phone plan.
10. Graduation expenses.
11. Other electronics – gaming console, personal television, tablet, mp3, laptop.
12. Any other item that would be out of the ordinary. Such costs will be forwarded to your office for written authorization.

## **Other Services**

1. If your agency has Independent Living clients that need a third party to check in on them on a regular basis, we can provide this service.
2. Our company hosts an annual Media Arts Festival for youth in care.
3. Our company awards two annual scholarships – one for residents in our program and the other for other youth in care.
4. Our company can also transport residents for out-of-town visits/appointments.

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## **For more information:**

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